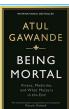


#### **Adult Books**

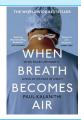
With The End In Mind - Kathryn Mannix Compassionate insights from a palliative care doctor about the process of dying.



**Being Mortal** - Atul Gawande A profound look at aging, mortality, and medicine's role in improving end-of-life care.



When Breath Becomes Air - Paul Kalanithi A moving memoir by a neurosurgeon reflecting on life and purpose after a terminal diagnosis.

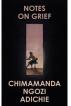


**My Father's Wake** - Kevin Toolis Explores Irish traditions around death and their deep cultural significance.



**Notes On Grief** - Chimamanda Ngozi Adichie

A powerful meditation on the author's experience of losing her father.



**Digital Legacy Plan** - Angela Crocker & Vicki McLeod

A guide to managing your digital assets and online presence after death.



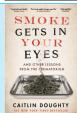


Outside The Box - Liz Rothschild A celebratory exploration of life, death, and the rituals surrounding them.



## **Smoke Gets In Your Eyes** - Caitlin Doughty

A witty, honest account of working in the funeral industry and death's cultural taboos.

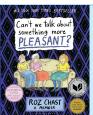


One Day At A Time - Hilary Scott Offers practical advice and hope for navigating grief and loss.



### Can't We Talk About Something More Pleasant? - Roz Chast

A candid and humorous graphic memoir about caring for aging parents.



### **The Year Of Magical Thinking** - Joan Didion

A heart-wrenching memoir on loss and the journey of grief.



JOAN DIDION

### The Five Secrets You Must Discover Before You Die - John Izzo

Insights from interviews with elders on living a meaningful life.



JOHN IZZO Ph.D



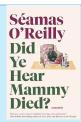
## **All The Ghosts In The Machine** - Elaine Kasket

Explores the digital afterlife and managing online data posthumously.



# **Did Ye Hear Mammy Died?** - Seamus O'Reilly

A humorous and poignant memoir about losing a parent as a child.



#### Life After Death (A Collection Of

**Poems)** - Margaret Rowlandson A poetic exploration of grief and healing.



#### It's OK That You're Not OK - Megan

Devine

A compassionate guide to dealing with grief and loss.



#### Finding Joy - Gary Andrews

A creative and uplifting journey through grief in illustrated form.



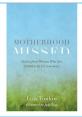
#### The Gentle Art Of Swedish Death

**Cleaning** - Margareta Magnusson Practical advice on simplifying your life and legacy.





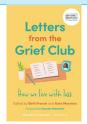
**Motherhood Missed** - Lois Tonkin An exploration of grief and meaning for women without children.



**Funerals Your Way** - Sarah Jones A guide to personalizing end-of-life rituals and ceremonies.



Letters From The Grief Club - Beth French & Kate Moreton
A unique collection of heartfelt letters offering solace in grief.



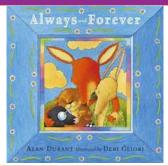
**Listen** - Kathryn Mannix Explores the power of listening in fostering meaningful conversations about death.





### **Children and Young People's Books**

Always and Forever - D. Gliori & A. Durant A gentle, heartfelt story for young children about coping with loss.



The Invisible String - Patrice Karst Reassures children about the enduring connection of love even after loss.



**Badger's Parting Gifts** - Susan Varley Helps children understand loss through the story of a wise, beloved badger.



The Cat Mummy - Jacqueline Wilson A touching story that introduces young readers to the concept of grief.



You Will Be OK - Julie Stokes
Provides children with tools and
reassurance for dealing with bereavement.





The Fault in Our Stars - John Green
A poignant story of love and loss for older children and teens.



A Monster Calls - Patrick Ness & Siobhan Dowd

Explores grief and acceptance through a moving narrative.





### For Individuals with Learning Disabilities

Am I Going to Die? - Sheila Hollins & Irene Tuffrey-Wijne A resource answering questions about death with clarity and sensitivity.



When Somebody Dies - Sheila Hollins & Irene Tuffrey-Wijne Helps individuals with learning disabilities understand grief and bereavement.

When Mum Died - Sheila Hollins & Irene Tuffrey-Wijne Offers support for coping with the loss of a mother.

When Dad Died - Sheila Hollins & Irene Tuffrey-Wijne Provides guidance for those processing the loss of a father.